



# St. Louis Yoga Teacher Training Application

With nearly 19 years of ongoing training and experience, we believe St. Louis Yoga Teacher Training offers the finest training program available on the market today. Our school is the very first registered yoga school to be certified by Yoga Alliance in the State of Missouri.

Since 2004, St. Louis Yoga Teacher Training has graduated over 650 yoga students internationally. We wish you the best success with the St. Louis Yoga Teacher Training program.

Complete this application and submit with your payment to:  
St. Louis Corporate Yoga, c/o Michelle Maue, P. O Box  
50215. Clayton, MO 63105.

Please note, by submitting this application, you are agreeing to the terms and conditions that you can find on the last page of this application.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Email: \_\_\_\_\_

Phone: \_\_\_\_\_

Please answer these questions with thoughtful consideration and good detail:

What are 4 things you like most about yourself and how do these reasons relate with your yoga both on and off the mat?

Why do you feel this is the right time in your life to do this yoga teacher training?

What are three major setbacks you have experienced in life that looking back, with greater reflection and time helped you to learn something deeper about yourself?

Include all previous yoga experience including stops and starts (you may also include home practice):

4 main Learning Objectives or Goals for this teacher training:

Meditation Experience and what are your specific goals for meditation in this training?

## Terms and Conditions

**Refund policy:** Students will be granted a 50% refund when St. Louis Yoga Teacher Training receives this request in writing at least 45 days before the start date of the training course. After that date, there are no refunds offered except in the event that you find someone to fill your space. Please note, there is a non-refundable deposit for all three types of payment plans.

